



*Call us for more information about our programs or to learn about our volunteer opportunities.*

## Children's Beach House

### **Our programs stress three underlying principles:**

- Young people need a set of core assets or values to move successfully through adolescence and into adulthood.
- Families are the most fundamental factors influencing young people.
- Families are strong when safe and thriving communities support them

## Delaware Center for Youth Development

The Delaware Center for Youth Development (DCYD) is Children's Beach House newest program. The purpose of the DCYD is to strengthen children, youth, families, and communities by promoting Positive Youth Development theory through training of research-based models and best practice initiatives for staff of Delaware's agencies serving at-risk or special needs youth.



Delaware Center for Youth Development  
c/o Children's Beach House  
100 West 10th Street, Suite 411  
Wilmington, DE 19801

Non-Profit Org.  
U.S. Postage  
PAID  
Wilmington, DE  
Permit # 20



# Children's Beach House Delaware Center for Youth Development

## Training Philosophy:

DCYD delivers training in a simple, open-ended method effectively engaging learners with diverse learning styles. Professional development contributes to improved staff performance and overall organizational success. The DCYD offers customized training to suit the needs of diverse organizations. All of DCYD's training opportunities involve hands-on, interactive, small and large group work and experiential activities.

For engaged learning to happen, DCYD regards professional development as a knowledge-building learning community. Such communities not only develop shared understandings collaboratively but also create empathetic learning environments that value diversity and multiple perspectives. The DCYD offers learning opportunities for diverse professionals, such as lawyers, business owners, social workers, teachers and more that can benefit from the "real-world" applications the training provides.

## Training Descriptions:

The DCYD offers content, tools and consulting to help youth, families and communities thrive in their environment. Our experienced professionals collaborate with organizations to foster increased knowledge regarding positive youth development. DCYD works with staff, mentors, and volunteers to offer the most comprehensive training menu possible. The menu is currently divided into three areas:

- Community-Based Organizations & Schools
- Professionals, Families & Parents
- Youth

The DCYD offers two types of trainings:

- SUITCASE (or portable) training where we bring the training to your location, specifically for your staff, and
- UNIVERSAL training which are held at our Lewes facility and is open to the general public.

If you have a question or would like to discuss training for your group, please contact the DCYD at The Children's Beach House @ 302-655-4288. Check out our web site at [www.cbhinc.org](http://www.cbhinc.org) for the most up-to-date universal training opportunities.

## Training Opportunities:

### Community-Based Organizations & Schools:

- Introduction to Youth Development Programming
- De-escalation
- Managing groups
- How to have a difficult conversation
- Growing young leaders
- Grab bag – Activities at your fingertips
- Challenge program/Ropes course
- Positive communication
- Equal playing field – dealing with diversity
- Facilitation 101
- Effective group meetings
- Giving youth a voice
- Interaction 101
- How to effectively use volunteers
- Creating a safe environment
- Conflict management
- Creative conflict resolution
- Bullying Prevention
- Conflict coaching
- Community building
- Basic Mediation

*The Center understands that  
the learning is in the doing!*



### Professionals, Families & Parents:

- Building cohesive supports
- Establishing trust
- Setting boundaries/limits
- How to get along – other ways to work it out
- Family meetings
- Positive communication
- What ever happened to chores?
- Time management
- Becoming an advocate
- Negotiation

### Youth:

- Goal setting
- Leadership
- Teambuilding – challenge course
- Anger management
- Listening 101
- Social responsibility
- Positive communication
- Possibilities in action
- Sportsmanship
- Decision making
- Problem solving
- Conflict resolution
- Bullying Prevention
- Having a voice
- Planning 101
- Can you define respect?
- Peer Mediation

### Customized Training:

High quality, interactive and engaging trainings on a variety of topics can be designed specifically for your staff or group. Please call us to discuss your training ideas.

For more information about our training opportunities, please contact us at **302-655-4288** or email [jclement@cbhinc.org](mailto:jclement@cbhinc.org)

*Children | Families | Communities*