



# Children's Beach House Updates

*Children / Families / Communities*

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## MARK YOUR CALENDAR

### Miles for Molly 5K Run/Walk Thrives in 10th year

When Liz Christopher kicked off the Miles for Molly 5K run/walk in memory of her infant daughter, she was told not to expect to raise more than \$3,000.

With the support of many family members and friends, she raised more than \$12,000 that first year. That total has grown to more than \$160,000

## ISSUE 1

We're delighted to share with you this first issue of our monthly e-newsletter. Our goal is to give you a view of some of the interesting and noteworthy programs and events that take place at Children's Beach House.

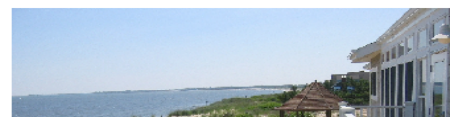
Our 97 families are at the heart of what we do. This issue describes the excitement that new families feel about our services. We are thrilled to have them join us. You'll also hear from the children about how we help them succeed and create unforgettable childhood memories.

Enjoy the issue and feel free to forward it to others who may want to know about what's happening at CBH. Each new supporter means we can do something more for a family in need. So, please, help us spread our story.

Best,

Richard T. Garrett  
Executive Director

## AN INSIDE LOOK



**New CBH Families Express Awe About Seaside Oasis**

## JUNE 2010



over the last decade, all of which has benefited the Children's Beach House.

"I have a passion for the mission of the Beach House. I believe in the difference that they make every day," says Christopher, a former CBH camp counselor and a recent CBH trustee.

Christopher now organizes the 10th Annual Miles for Molly 5K Run/Walk, set for 9 a.m. June 19 at the Dead Presidents Bar & Restaurant, 618 N. Union Street, Wilmington.

Registration begins at 8 a.m. Male and female winners will be recognized, along with the top three finishers in various age groups, from 13 and under through age 75. The entry fee is \$18 until June 16 and \$22 the day of the event.

#### MORE ABOUT CBH

Beach House programs meet the following criteria:

- Focus resources on the identified mission and target population
- Build on current,

For an onlooker, it was hard to determine who was more excited about being at the Children's Beach House for the first time - Laura or her 7-year-old son Brian.

As Brian palled around with newfound friends, Laura appreciated the many elements that made the CBH a warm and inviting place - from the picturesque bay views and tropical fish tanks to the smiling counselors.

"I tell people who don't know about the Children's Beach House that it's the best kept secret in Delaware. There's nothing as wonderful as this place for our children," noted the mother from Middletown.

Founded in 1937 as a seaside oasis for children with special needs, today CBH is a non-profit organization whose mission is to help children reach their highest potential as functioning members of their families and communities. Families travel from across the state to access services and benefits.

Laura was not alone in her admiration of CBH during a recent orientation. Each year dozens of hopeful families apply for a coveted spot. But fewer than 10 new children are able to be accepted into our Youth Development Program for children ages 7 through 18, which provides case management with summer and weekend camps.

In late April, some of the families visited CBH for the first time. That same weekend, other children enjoyed one of the ongoing weekend camps and invited the newcomers to join in for a few hours. Brian even spent the night.

"It's so big and there is so much to do," said the excited boy.

Laura said she's thankful that her son, who has speech delays, was admitted. She knows that because funding is limited, openings are hard to come by.

CBH Executive Director Richard T. Garrett said that once enrolled each family is connected with a case manager who strengthens supports for children, including family cohesiveness and school involvement. "They encourage educational achievement and community service, and help families sort through a variety of challenges," he added.

Laura said that just being part of the program makes her feel more successful as she guides her young son through the challenges of life.

"I am so excited because here he'll gain the self confidence to do things on his own and to be independent," she added. "I'm fascinated by it all."

- evidenced-based models
- Serve children in their natural environments of school and home
  - Increase familial and parental engagement with children
  - Drive toward clear and measurable outcomes

Our services fill a much-needed void. There's much more we could do to help children with special needs.

Please consider how you could help us grow and thrive. Contact us about the many ways to donate or visit our web site at [www.cbhinc.org](http://www.cbhinc.org).



*Our mission is to help children reach their highest potential as functioning members of their families and communities. And in the process, they have lots of fun!*

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