



# Children's Beach House Updates

*Children / Families / Communities*

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## **MARK YOUR CALENDAR**

### **Beach Barbecue Inspires Art Around Town**

Visit our web site for a look at the 12 eye-catching benches that community artists have decorated as part of the 8th Annual Beach Barbecue. The benches, now displayed in the windows of many businesses in Rehoboth and Lewes, will be auctioned at the Barbecue scheduled for 6:30 to 9 p.m.

## **ISSUE 2**

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To see the Children's Beach House at its best, stop by during the summer months. Enthusiasm abounds now as children in the summer camp blossom under the direction of our staff and the programs designed to raise self-confidence and expand social skills.



During their stay here, our children experience the summer of their lives, days filled camaraderie, fun at beach and pool, and traditional camp experiences. Through arts and crafts - including woodworking, painting, photography, pottery and sand sculpturing - the campers also develop fine motor skills and learn how to execute a creative plan.

For children who on a daily basis struggle with a variety of challenges, the beach house is indeed a seaside oasis and a pleasant change from their normal routine. When they leave here, they are better equipped and prepared to deal with issues created by their disabilities. As a supporter of CBH, you should feel uplifted as well.

As always, thank you for helping the Beach House grow and thrive. Please continue to support us with your gifts and time.

Saturday, August 28.

Many thanks to the artists participating who gave of their time to paint the benches: SherryLee Biele, Jean Doran, Tara Funk Grim, Kim Klabe, Faith Lord, Lynne McKay, Connie Miller, Aina Negaard Naamack, Damon Pla, Steve Rogers, Nick Serratore, Gary Crowl and Carolyn Freas.

To request an invitation to the 8th Annual Beach Barbecue, please call 302-655-4288 or visit [www.cbhinc.org](http://www.cbhinc.org).

#### MORE ABOUT CBH

At the core of our programming is a philosophy known as "Positive Youth Development," which offers children opportunities to exercise leadership and build skills that allow them to grow into healthy, happy, self-sufficient adults.

CBH has employed this philosophy for the past five years. Some documented outcomes include:

- Youth believe they can be successful instead of internalizing

Best,

Richard T. Garrett  
Executive Director

#### AN INSIDE LOOK

#### Boat Building Charts New Course for Youth



At first, CBH Case Manager Matthew S. Vest thought he was in for a long Father Day's weekend.



He had recruited a group of students to participate in the Family Boatbuilding Weekend organized by the Lewes Historical Society. The goal was to build a 12-foot Bevin Skiff at the Canalfront Park and in the process honor Lewes' history as a shipbuilding town. But as the

youth from CBH stared at a pile of wood on the first day, they seemed anything but excited.

"They were skeptical and didn't know what to do," recalled Vest. "That's when I knew I had to find ways to engage each of them."

Little by little the youth began to design their boat; then measure, cut, sand and imagine the outcome. As the weekend progressed they became boat building enthusiasts.

"They became involved in the challenge and worked as a great team," said Bob Hyberg, one of the event coordinators.

CBH Executive Director Richard T. Garrett said the experience was a perfect example of how staff members encourage students to step out of their comfort zone and learn new skills.

"We work with them to feel more comfortable with new challenges," he said.



*Our mission is to help children reach their highest potential as functioning members of their families and communities. And in the process, they have lots of fun!*

Children's Beach House 1800 Bay Avenue / Lewes, DE 19958

negative reactions and stereotypes.

- Youth learn about their strength and engage in productive activities that build job and life skills and reinforce community-mindedness.
- Youth grow comfortable questioning and exploring their roles as citizens in a participatory democracy.

If you would like to learn more about Positive Youth Development and the training that we offer in this area, please call Jen at 302-655-4288.

(302) 645-9184  
[www.cbhinc.org](http://www.cbhinc.org)

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